**ROSM**

REGENERATIVE ORTHOPEDICS & SPORTS MEDICINE

# Stellate Ganglion Block Scheduling Consent

Although Stellate Ganglion Block (SGB) has been demonstrated in the medical literature to provide durable relief of anxiety symptoms associated with PTSD, no therapy is 100% effective in all patients. A patient may have other medical conditions affecting their anxiety symptoms which may not respond to treatment with SGB. However, if they are a good candidate for this therapy, (PTSD diagnosis with an elevated PCL-5 score) and they fail to respond to a right-sided SGB, then the patient should consider a left-sided SGB. This must be done at least one day later, as a block on both sides of the neck within an 8-hour period could block the airway. Although the exact figure is not known at this time, about 5% of patients will not respond to a right-sided SGB but will respond profoundly to a left-sided SGB. Also, new unpublished data suggests that some people, perhaps as high as 20% of people, may have a more profound response to a left-sided SGB, even if they had a positive response to a right-sided SGB. This appears to be the case because some people have anatomic differences in how their "fight or flight" nervous system is wired. We do not any have any indicators to predict whether someone will be a left or right-sided responder.

We understand the costs associated with travel and would like to extend to you an offer to book two appointments on consecutive days. This will allow you to have an SGB on the right side the first day, and the left-sided SGB on the second day to ensure you receive a good block prior to your departure. A non-refundable deposit of $500 is required for each scheduled SGB appointment (Deposit Total: $1,000). This fee may only be refunded if you cancel at least three business days prior to the appointment(s).

I would like to schedule two appointments for a Stellate-Ganglion Block. I understand that if I decide to cancel either appointment less than three business days prior, the $500 deposit for each day will not be refunded.

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Patient Signature                                                             Date